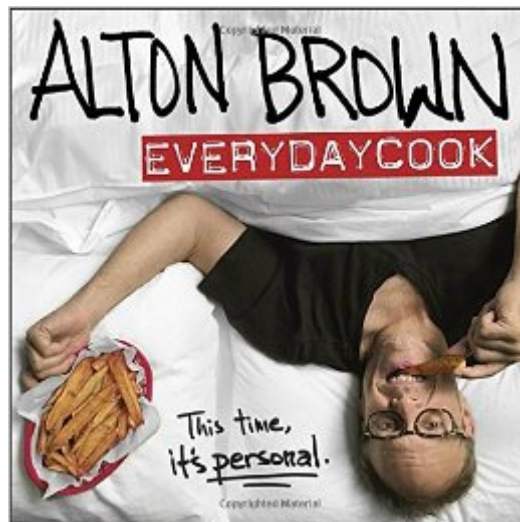


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# Alton Brown: EveryDayCook



## Synopsis

My name is Alton Brown, and I wrote this book. Itâ€™s my first in a few years because Iâ€™ve been a little busy with TV stuff and interwebs stuff and live stage show stuff. Sure, Iâ€™ve been cooking, but itâ€™s been mostly to feed myself and people in my immediate vicinityâ”which is really what a cook is supposed to do, right? Well, one day I was sitting around trying to organize my recipes, and I realized that I should put them into a personal collection. One thing led to another, and hereâ€™s *EveryDayCook*.â” Thereâ€™s still plenty of science and hopefully some humor in here (my agent says thatâ€™s my *“wheelhouse”*), but unlike in my other books, a lot of attention went into the photos, which were all taken on my iPhone (take that, Instagram) and are suitable for framing. As for the recipes, which are arranged by time of day, theyâ€™re pretty darned tasty. Highlights include:â” â” â” Morning: Buttermilk Lassi, Overnight Coconut Oats, Nitrous Pancakesâ” â” Coffee Break: Cold Brew Coffee, Lacquered Bacon, Seedy Date Bars â” Noon: Smoky the Meat Loaf, Grilled Cheese Grilled Sandwich, *“Enchiladas”* or *“Lasagna”* â” Afternoon: Green Grape Cobbler, Crispy Chickpeas, Savory Greek Yogurt Dip â” Evening: Bad Day Bitter Martini, Mussels-O-Miso, Garam Masala Steaks â” Anytime: The Generalâ€™s Fried Chicken, Roasted Chile Salsa, Peach Punch Pops â” Later: Cider House Fondue, Open Sesame Noodles, Chocapocalypse Cookieâ” So letâ€™s review: 101 recipes with mouthwatering photos, a plethora of useful insights on methods, tools, and ingredients all written by an *“award-winning and influential educator and tastemaker.”* • That last part is from the PR office. Real people donâ€™t talk like that.

## Book Information

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